



<b>Subject:</b>	Food, Nutrition and Cooking
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<b>Head of Department:</b>	Mrs Camborne-Paynter
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<b>Year:</b>	Eight
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<b>Curriculum organisation</b>
Students are taught in form groups of 18-22 students for two lessons per week. Pupils work on a carousel system and rotate between Food, Textiles and Product Design

<b>What topics will your daughter be studying this year?</b>	<b>How will your daughter be learning?</b>
<p>Theory is taught alongside various practical activities.</p> <p><b>Diet, health and choice</b></p> <ul style="list-style-type: none"> <li>Recap and extend nutrition</li> <li>Starch based sauces – the process of gelatinisation</li> <li>Bread and the function of ingredients</li> <li>Raising agents</li> <li>Food choice – religion, food allergy and intolerance, farming methods and animal welfare</li> <li>Food labelling</li> <li>Fruit and vegetables</li> </ul>	<ul style="list-style-type: none"> <li>Whole class discussion</li> <li>Pair work</li> <li>Problem-solving tasks</li> <li>Extended writing tasks</li> <li>Practical based activities</li> <li>Independent research and analysis</li> </ul>

<b>Equipment needed for lessons</b>	<b>What can you do to support your daughter?</b>
<ul style="list-style-type: none"> <li>Standard school stationery</li> <li>Calculator</li> <li>Ingredients and specialist equipment for practical activities</li> </ul>	<ul style="list-style-type: none"> <li>Encourage her to go shopping with you</li> <li>Encourage her to cook at home either helping you or independently</li> <li>Watch topical and practical food programmes on the television together and talk about the subject matter</li> <li>Discuss how you think food products are made and what the ingredients contribute to the finished product.</li> <li></li> </ul>

<b>How will learning be assessed and progress measured?</b>	<b>Extension &amp; Enrichment opportunities</b>
<ul style="list-style-type: none"> <li>Baseline assessment in Autumn half-term 1</li> <li>Students will peer-mark some exercises</li> <li>Practical outcomes made in school</li> <li>Key homework tasks will be graded using the WKGS Grading Criteria</li> </ul>	<ul style="list-style-type: none"> <li>Lunchtime Design and Technology Seasonal Club</li> <li>Weekend enrichment opportunities offered through WKGS Gifted and Talented</li> </ul>

If you have any questions about this Learning Overview, please contact the named Head of Department above.